

# Tekonsha Indian Cafe Menu



# January 2019 HS/MS Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 <b>Pancake Wrap</b> Assorted Cereal Pineapple Tidbits Assorted Juices Milk	8 <b>Breakfast Pizza</b> Assorted Cereal Applesauce Cup Assorted Juices Milk	9 <b>Yogurt</b> <b>Assorted Cereal</b> Peaches Assorted Juices Milk	10 <b>French Toast</b> Assorted Cereal Fruit Cocktail Assorted Juices Milk	11 <b>Assorted Muffins</b> Assorted Cereal Apricots Assorted Juices Milk
14 <b>Pancake Bites</b> Assorted Cereal Pineapple Tidbits Assorted Juices Milk	15 <b>Breakfast Casserole</b> Assorted Cereal Applesauce Cup Assorted Juices Milk	16 <b>Yogurt</b> <b>Assorted Cereal</b> Peaches Assorted Juices Milk	17 <b>Eggs and Sausage</b> Assorted Cereal Fruit Cocktail Assorted Juices Milk	8 <b>Oatmeal</b> Assorted Cereal Apricots Assorted Juices Milk
21 <b>Pancake Wrap</b> Assorted Cereal Pineapple Tidbits Assorted Juices Milk	22 <b>Breakfast Burrito</b> Assorted Cereal Applesauce Cup Assorted Juices Milk	23 <b>Yogurt</b> <b>Assorted Cereal</b> Peaches Assorted Juices Milk	24 <b>Pancakes</b> Assorted Cereal Fruit Cocktail Assorted Juices Milk	25 Orange-Cranberry Muffin Assorted Cereal Apricots Assorted Juices Milk
28 <b>Pancake Wrap</b> Assorted Cereal Pineapple Tidbits Assorted Juices Milk	29 Sausage Gravy and Biscuits Assorted Cereal Applesauce Cup Assorted Juices Milk	30 <b>Yogurt</b> <b>Assorted Cereal</b> Peaches Assorted Juices Milk	31 <b>French Toast</b> Assorted Cereal Fruit Cocktail Assorted Juices Milk	
<b>Breakfast is served</b>  Free of Charge  to all Students	<b>School Wellness Policy</b> is available for review in the office		<b>Featured Item</b> of the Month Spinach	<b>Menu Subject to Change</b>

Choice of Fat Free or  
1% Milk Offered Daily

**THIS INSTITUTION  
IS AN EQUAL  
OPPORTUNITY  
PROVIDER AND  
EMPLOYER**

